

Decision Support Prompt

You have 12 tabs open.

**What's one you
could close?**



Decision Support Prompt

**Your calendar is
triple-booked.**

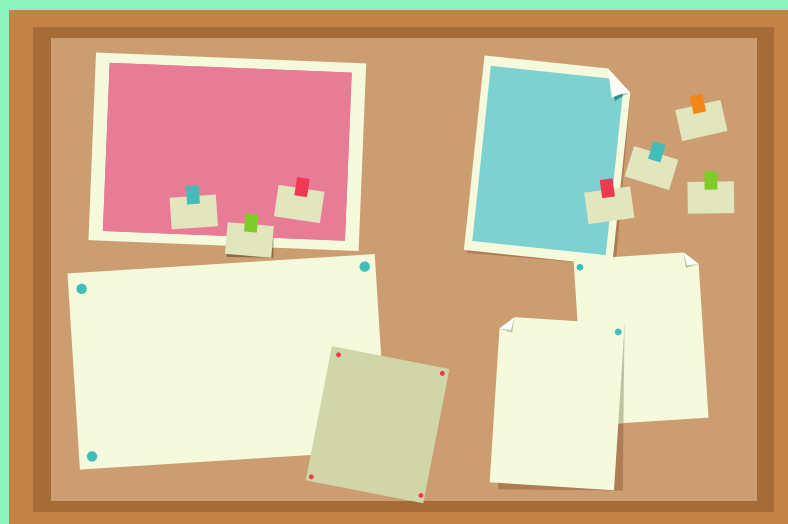
What's the highest
priority?



Decision Support Prompt

**You spent 40 minutes
deciding what to
tackle next.**

What can make that easier
tomorrow?



Decision Support Prompt

**Your to-do list has
23 items.**

Which 1-3 things actually
need to happen today?



Decision Support Prompt

You're getting nonstop notifications.

Which ones could you silence for an hour?



Decision Support Prompt

**You're starting 5 things
but finishing none.**

What's one task you can
complete before switching?



Decision Support Prompt

**You feel pressure to
reply to everything ASAP.**

What response could wait
without harm?



Decision Support Prompt

**You're hungry but
indecisive about lunch.**

What meal could you pre-plan tomorrow to avoid this pause?

